

# SASKATCHEWAN SPORT AWARDS



## 2019 Saskatchewan Sport Awards Athlete of the Year Finalists

### *Selected Highlights*

#### Female Athlete of the Year

- **Courtney Hufsmith** (Saskatoon), a Saskatchewan record holder in the 1,500 m distance and bronze medallist at the international Summer Universiade. Nominated by Saskatchewan Athletics.

|        |         |   |
|--------|---------|---|
| Bronze | 1,500 m | Summer Universiade                          |
| Silver | 1,500 m | Athletics Classic of Quebec                 |
| Silver | 1,500 m | USPORT Indoor Track and Field Championships |

- **Keely Shaw** (Saskatoon), a silver medallist in the individual pursuit at the Para Cycling Track World Championships. Nominated by the Saskatchewan Cycling Association.

|        |                       |                                    |
|--------|-----------------------|------------------------------------|
| Silver | Individual Pursuit    | Track World Championships          |
| Fourth | Individual Time Trial | Road World Cup #2                  |
| Gold   | Individual Road Race  | National Paracycling Championships |

- **Krystal Shaw** (Regina), winner of three silver medals and one bronze at the Parapan American Games. Nominated by Swim Saskatchewan.

|        |                     |                        |
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| Silver | 100 m Backstroke S7 | Parapan American Games |
| Silver | 100 m Freestyle S7  | Parapan American Games |
| Silver | 50 m Freestyle S7   | Parapan American Games |

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#### Male Athlete of the Year

- **Graeme Fish** (Moose Jaw), a World Cup and Canadian gold medallist in the 5,000 m distance. Nominated by the Saskatchewan Speed Skating Association.

|        |          |  |
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| Gold   | 5,000 m  | World Cup 5                            |
| Gold   | 5,000 m  | Canadian Single Distance Championships |
| Silver | 10,000 m | Canadian Single Distance Championships |

- **Jarret Kenke** (Saskatoon), silver medallist in the K2 1,000 m kayak race at the Pan Am Games and Canadian Sprint Nationals. Nominated by Canoe Kayak Saskatchewan.

|        |            |                           |
|--------|------------|---------------------------|
| Silver | K2 1,000 m | Pan Am Games              |
| Silver | K2 1,000 m | Canadian Sprint Nationals |
| Silver | K2 1,000 m | National Team Trials      |

- **Payne Wylie** (Elstow), gold medal winner at the Canadian Track and Field Championships and fifth place finisher at the U20 Pan American Games. Nominated by Saskatchewan Athletics.

|       |                     |  |
|-------|---------------------|--|
| Fifth | 110 m Hurdles       | Pan American U20 Championships         |
| Gold  | U20 110 m Hurdles   | Canadian Track and Field Championships |
| Gold  | Indoor 60 m Hurdles | Can-Am International                   |

## Team of the Year

- **Team Saskatchewan U19 Men**, winners of three gold medals at major national water polo events in 2019, including the National Championship League final. Nominated by Water Polo Saskatchewan.

|      |                                  |
|------|----------------------------------|
| Gold | National Championship League     |
| Gold | Western 19U Men                  |
| Gold | National Cross Over Championship |

- **Saskatoon Valkyries** (Saskatoon), undefeated in 2019 and winners of the Western Women's Canadian Football League championship for the sixth time in history. Nominated by Football Saskatchewan.

|           |                           |
|-----------|---------------------------|
| Winners   | Las Vegas Exhibition Game |
| Champions | WWCFL                     |
| Winners   | Montreal Exhibition Game  |

## Coach of the Year

- **Eric Kramer** (Saskatoon), a coach for the Canadian National Para Swimming Team at the World Para Swimming Championships, where the red and white won 14 medals. Nominated by Swim Saskatchewan.

|            |                                      |
|------------|--------------------------------------|
| Head Coach | Saskatoon Lasers Swim Team           |
| Coach      | Canadian National Para Swimming Team |

- **Jason Reindl** (Saskatoon), head coach of the University of Saskatchewan Huskie men's and women's track and field teams, which won Canada West Championships in 2019, and head athletics coach for Team Canada at the U20 Pan American Games. Nominated by Saskatchewan Athletics.

|                   |   |
|-------------------|---|
| Head Coach        | Huskies Track and Field                     |
| Coach of the Year | Canada West Male and Female Track and Field |
| Head Coach        | Team Canada U20 Pan American Games          |

- **Jeff Stusek** (Regina), head coach of Team Saskatchewan, winners of the 2019 U18 Football Canada Cup. Nominated by Football Saskatchewan.

|            |                       |
|------------|-----------------------|
| Head Coach | Team Saskatchewan U18 |
|------------|-----------------------|

## Youth Female Athlete of the Year

- **Aida Lissel-DeCorby** (Saskatoon), a gold medallist at the Rowing Canada National Championships and Canada Cup. Nominated by the Saskatchewan Rowing Association.

|        |                              |                            |
|--------|------------------------------|----------------------------|
| Fourth | Quadruple Sculls             | Junior World Championships |
| Gold   | Junior Women's 4x            | National Championships     |
| Fifth  | Junior Women's Single Sculls | National Championships     |

- **Lila Stewart** (Regina), Junior Pan Am Games silver medallist at just 11 years old. Nominated by Dive Sask.

|              |            |                              |
|--------------|------------|------------------------------|
| Gold         | D Platform | Junior Development Nationals |
| Silver       | D Platform | Junior Pan Am Games          |
| Sask. Record | D 3 m      | Provincial Championships     |

- **Savannah Sutherland** (Borden), winner of three silver medals and one bronze at the Canadian Track and Field Championships. Nominated by Saskatchewan Athletics.

|        |                     |  |
|--------|---------------------|--|
| Silver | U20 100 m Hurdles   | Canadian Track & Field Championships       |
| Gold   | U18 4 x 400 m Relay | National Youth Track & Field Championships |
| Gold   | U18 400 m Hurdles   | National Youth Track & Field Championships |

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## Youth Male Athlete of the Year

- **Colby Kosteniuk** (Regina), winner of two gold medals and one silver at the 2019 Special Olympics World Games. Nominated by Special Olympics Saskatchewan.

|        |                   |                              |
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| Gold   | 4 x 100 m Relay   | Special Olympics World Games |
| Gold   | 400 m Freestyle   | Special Olympics World Games |
| Silver | 1,500 m Freestyle | Special Olympics World Games |

- **Carson Lee** (Saskatoon), a junior and U19 freestyle wrestling champion. Nominated by the Saskatchewan Amateur Wrestling Association.

|       |                       |                           |
|-------|-----------------------|---------------------------|
| First | Jr. 79 kg Freestyle   | National Championships    |
| First | U19 80 kg Freestyle   | National Championships    |
| Third | 80 kg Freestyle Cadet | Cadet World Championships |

- **Rylan Wiens** (Saskatoon), gold medallist at both junior and senior diving nationals. Nominated by Dive Sask.

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|-------|------------|------------------------|
| Gold  | A Platform | Junior Elite Nationals |
| Gold  | Platform   | Senior Nationals       |
| Ninth | Platform   | Diving World Series    |

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## Master Athlete of the Year

- **Laurie Meschishnick** (Saskatoon), a world record-setting weightlifter. Nominated by the Saskatchewan Weightlifting Association.

|       |             |  |
|-------|-------------|--|
| Gold  | 55 - 64 kg  | Master's World Weightlifting Championships |
| First | Women 55-59 | CrossFit Open                              |
| First | Women 55-59 | CrossFit Games                             |

- **Team Syrota** (Wadena). Curlers Delores Syrota, Beverly Krasowski, June Campbell and Sylvia Broad, winners of the Canadian Masters Curling Championship. Nominated by CURLSASK.

|      |                                       |
|------|---------------------------------------|
| Gold | Canadian Masters Curling Championship |
| Gold | CURLSASK Masters Women's Provincials  |

- **Mike Vincent** and **Ivan English** (Regina), marathon paddlers with a first-place finish in the Yukon River Quest. Nominated by Canoe Kayak Saskatchewan.

|       |                   |
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| First | Yukon River Quest |
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